

# Massage

Enjoy one of our four Signature Decléor Aromatherapy Balms for your massage or body treatments. Decléor Aromatherapy oils are made of only the highest grade pure essential oils; not your typical aromatherapy blends. Unscented Grape Seed oil is also available.

## 4 Distinctive Themes to Pamper Yourself:

### *Relax - De-stress the Skin, Mind & Spirit*

Aromatic fragrances of Lavender, Patchouli and Sandalwood.

### *Sculpt/Tonic - Firm, Tone and Energize.*

Utilizing the fragrant tones of Orange, Lemongrass and Grapefruit.

### *Contour/Detox - To Detoxify, Drain and Refine*

Anise, Hyssop and black pepper.

### *Flow/Circularome - Stimulate Circulation*

Lavender and Clary Sage. Warming.

## Swedish Massage

25 minutes: \$70                      50 minutes: \$100                      .80 minutes: \$135

A combination of long flowing, kneading and other Swedish massage strokes are used to ease muscle tension, improve circulation and create an overall sense of well-being. Light to firm pressure will be adapted to client's needs and requests.

## Deep Tissue Massage

25 minutes: \$85                      50 minutes: \$115                      .80 minutes: \$150

Target muscles most in need with deep penetrating strokes, releasing tension and increasing flexibility. Includes application of Circulagel to soothe the muscles.

## Hot Stone Massage

50 minutes: \$115                      80 minutes: \$150

Massage using heated Basalt and River Rocks and Decléor Aromatherapy Oils. The stones heat and soften your muscle tissue with long flowing strokes, followed by massage with the therapist's gifted hands.

## Hot Stone Scrub (90 minutes) .....\$180

Begin with a full body exfoliation, then be cocooned in warmed blankets. A quick rinse in our rainforest shower will prime your skin for application of hot stones, further relaxing your muscles.

## Couples Massage –

*Same wonderful massages as above, only shared with a friend.*

50 minutes: \$200 per couple                      80 minutes: \$270 per couple  
50 minute deep tissue: \$230 per couple                      80 minute deep tissue: \$300 per couple